



**Annette Bednosky**  
**Ashe County High School**

Ms. Bednosky sees her primary role as a school counselor is to help students become more of who they really are! Humans grow from a combination of opportunity, challenge, nurturing, mistakes and successes. Through this growth, young people find direction, belonging and develop the skills they need to move toward becoming happy and successful adults.

Ms. Bednosky received her Master's in School Counseling from ASU in 2000 and certificate in Advanced School Counseling from UNCG in 2007.

She has been privileged to be at Ashe County High School for the past 10.5 years. Prior to working in public education, she worked as an instructor and course director with North Carolina Outward Bound School and as a seasonal ranger with the National Park Service in Glen Canyon National Recreation Area and in Yosemite National Park.

Ms. Bednosky is a competitive ultra runner, recreational cyclist, gardener and dabbles in theatre.